



Salted Caramel Oatmeal with Apple and Peanuts



SERVINGS

1



COOKING TIME

5 min

Salted Caramel Oatmeal with Apple and Peanuts is a quick and easy oatmeal recipe. Spruce up your morning oatmeal with diced apples, crunchy peanuts, a drizzle of caramel sauce, and a pinch of sea salt.

Ingredients

- 1/2 cup [Quaker® Oats \(Quick or Old Fashioned\)*](#)
- 1/2 cup Granny Smith apple, diced
- 2 tbsp chopped peanuts
- 1 tbsp caramel syrup or sundae topping
- 1/2 dash sea salt

Cooking Instructions

1. Prepare oatmeal as usual and place in a bowl.
2. Top with diced apple and peanuts, drizzle caramel sauce over the top and sprinkle with a pinch of sea salt.